

PE Website/Video links

Click on the link to view

1. PE with Joe <https://safeYouTube.net/w/Uhcl>
2. Wake Up Shake Up: <https://safeYouTube.net/w/Lncl>
<https://safeYouTube.net/w/Eocl> <https://safeYouTube.net/w/cpcl>
3. Active Home Week Theme Tune <https://safeYouTube.net/w/kqcl>
4. Skipping-PDST: <https://www.scoilnet.ie/pdst/physlit/videos/>
5. Skipping Skills- <https://twitter.com/skipnrope>
<https://sway.office.com/SgN3tA2iV1T4l3gr?ref=Twitter>
6. Beyond the Classroom: Fundamental Movement Skills
<https://www.scoilnet.ie/pdst/physlit/beyond/>
7. GAA Skills Challenges with Shane Walsh
<http://blog.elverys.ie/2020/04/20/shane-walsh-football-skills-challenges/>
8. GAA Primary Challenges: <https://safeYouTube.net/w/wicl>
<https://safeYouTube.net/w/Gicl> <https://safeYouTube.net/w/fjcl>
9. FAI Grassroots: <https://twitter.com/faigrassroots?lang=en>
<https://safeYouTube.net/w/xjcl> <https://safeYouTube.net/w/fkcl>
<https://safeYouTube.net/w/xkcl> <https://safeYouTube.net/w/9kcl>
10. 10 minute Shake Ups <https://www.nhs.uk/10-minute-shake-up/shake-ups/timons-time-trial>
11. PE with Coach Ciarán-Reaction games <https://safeYouTube.net/w/fmcl>
PE with Coach Ciarán-Crazy Golf <https://safeYouTube.net/w/Lmcl>
13. Workouts with Katie Taylor
<https://twitter.com/katietaylor/status/1249731067768176640?lang=en>
<https://twitter.com/katietaylor/status/1244297889939099655?lang=en>
14. Ideas for creating a new game- Take a look at 'Spin and Bin'
<https://twitter.com/stmarysjuniorb2/status/1261309979707006977>
15. Pop Up Races-Virtual Runs for all the family
<https://www.popupraces.ie/race/lets-have-a-virtual-race-copy/>
16. Sworkit Kids Workouts-
<https://app.sworkit.com/collections/kids-workouts>
17. Cosmic Kids Yoga <https://safeYouTube.net/w/Uqcl>
<https://safeYouTube.net/w/hrccl>
18. Headspace-Meditation for Kids www.headspace.com

19. Active For Life www.activeforlife.com
20. Sanford Fit www.sanfordhealth.org – Go to Fit Workout
21. Get Ireland Active-Active Games
www.pdst.ie/primary/healthwellbeing/distancelearning
22. **Kiddle-Olympic Games Facts for kids**
[https://kids.kiddle.co/Olympic Games](https://kids.kiddle.co/Olympic_Games)
23. **Science Kids-Summer Olympic Facts**
<https://www.sciencekids.co.nz/sciencefacts/sports/summerolympics.html>
24. Ducksters- Biography- Michael Jordan
https://www.ducksters.com/sports/michael_jordan.php